

CHINESE TRADITIONAL MEDICINE

PRIMARY SCHOOL WORK SHEET

History

1. Which two ancient religions (philosophies) is Chinese Traditional Medicine related to?

2. What is the oldest archaeological evidence about Traditional Chinese Medicine?

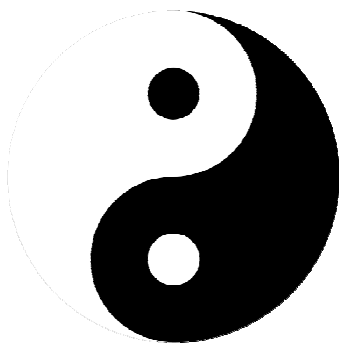
3. Name the five important medical texts and their authors that were written during the Han Dynasty (206-220 BC).

4. When was the first imperial medical school established in China?

Diagnosis

5. a. The world and the human body works through two systems, the

_____ and the _____.



b. The energy system has two parts, the _____ and the _____.

These two opposites have to be _____.

6. a. Chinese Medicine believes that illness is caused when imbalances happen in a person's _____ or _____ environment.

b. Internal factors are _____

c. External factors are _____

8. Name the things that the practitioner of Chinese Traditional Medicine does in order to reach a diagnosis.

Treatment

9. Summarise each of the eight therapies in Chinese Traditional Medicine in your own words.

